



# GENERAL ASSEMBLY

## COMMONWEALTH OF KENTUCKY

### 2012 REGULAR SESSION

---

HOUSE BILL NO. 550

---

THURSDAY, MARCH 22, 2012

---

The following bill was reported to the Senate from the House and ordered to be printed.

RECEIVED AND FILED  
DATE April 23, 2012  
3:06pm  
ALISON LUNDERGAN GRIMES  
SECRETARY OF STATE  
COMMONWEALTH OF KENTUCKY  
BY R. Adles

1 AN ACT relating to nutrition.

2 WHEREAS, it has been shown that improved nutrition, along with physical  
3 activity, can promote health, reduce the risk of chronic diseases, and reduce the  
4 prevalence of obesity; and

5 WHEREAS, increasingly, Americans are being urged to trim their waistlines to  
6 reduce the risk of developing diet-related chronic disease by consuming all types of  
7 healthy foods, including fruits, vegetables, grains, low-fat dairy products, nutritious  
8 meats, and fish, and by consuming less sodium, fats, and added sugars; and

9 WHEREAS, the General Assembly finds the public interest to be advanced and the  
10 health of the people of the Commonwealth to be enhanced if individuals at risk for  
11 obesity, high blood pressure, high cholesterol, asthma, certain cancers, coronary heart  
12 disease, stroke, and type 2 diabetes adopt healthier lifestyles; and

13 WHEREAS, the General Assembly finds that, because many nationwide studies  
14 demonstrate the value of proper nutrition, further review is needed regarding Kentucky-  
15 centered studies and programs conducted in the state, either at universities or with other  
16 entities and agencies;

17 NOW, THEREFORE,

18 ***Be it enacted by the General Assembly of the Commonwealth of Kentucky:***

19 ➔Section 1. The staff of the Legislative Research Commission shall conduct a  
20 comprehensive review of:

21 (1) The available studies or programs, undertaken either prior to or during the  
22 period of the study, that focus on the nutritional habits of Kentucky citizens and the  
23 health outcomes of those habits;

24 (2) The relevant studies and programs, undertaken either prior to or during the  
25 period of the study, that investigate the nutritional habits of the state population; and

26 (3) Any long-term or short-term pilot projects, undertaken either prior to or  
27 during the period of the study, that measure risk assessments of participating individuals.

1 The individual assessments may include measurement of total cholesterol, HDL  
2 cholesterol, LDL cholesterol, triglycerides, fasting blood glucose, blood pressure, heart  
3 rate, waist measurement, height, and weight.

4 ➔Section 2. The staff of the Legislative Research Commission, in addition to  
5 undertaking the review set out in Section 1 of this Act, shall interview persons  
6 knowledgeable about the issue of the nutritional habits of Kentucky citizens, including  
7 but not limited to:

8 (1) Licensed physicians, registered nurses, and other health professionals;

9 (2) Officials with the Kentucky Cabinet for Health and Family Services, the  
10 Kentucky Department of Agriculture, and other relevant state agencies;

11 (3) Educators with expertise in proper nutrition and healthy lifestyles associated  
12 with Kentucky colleges and universities that offer degrees in medicine, nursing, or public  
13 health;

14 (4) Persons representing local health departments and pertinent state university  
15 cooperative extension service offices;

16 (5) Persons associated with relevant for-profit or nonprofit organizations  
17 headquartered in Kentucky; and

18 (6) Persons representing the agricultural industry, including but not limited to the  
19 Kentucky Farm Bureau, the Kentucky Community Farm Alliance, the Kentucky  
20 Cattlemen's Association, the Kentucky Pork Producers Association, the Kentucky Poultry  
21 Federation, the Kentucky Dairy Development Council, and the Kentucky Horticulture  
22 Council.

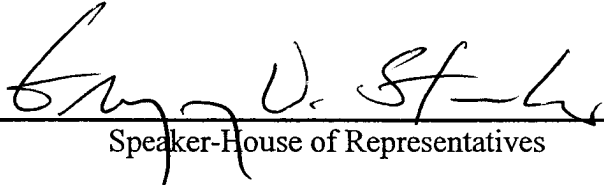
23 ➔Section 3. In addition to a review of the relevant research and the interviews set  
24 out in Section 1 and Section 2 of this Act, the staff of the Legislative Research  
25 Commission shall investigate the need for establishment of a healthy nutrition pilot  
26 project that would measure health risk assessments of participating individuals.

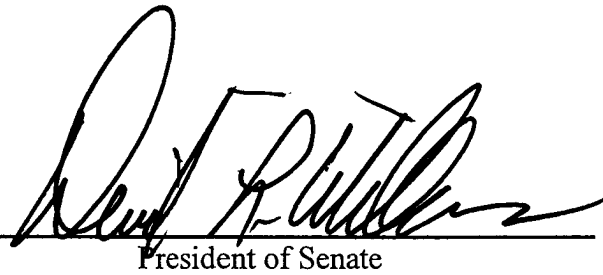
27 ➔Section 4. The staff shall submit a written report detailing its study findings to

1 the Legislative Research Commission for referral to the appropriate interim joint  
2 committee on or before November 30, 2012.

3       ➔Section 5. Provisions of this bill to the contrary notwithstanding, the Legislative  
4 Research Commission shall have the authority to alternatively assign the issues identified  
5 herein to an interim joint committee or subcommittee thereof and to designate a study  
6 completion date.

7       ➔Section 6. This Act shall have the same legal status as a House Concurrent  
8 Resolution.

  
Speaker-House of Representatives

  
President of Senate

Attest:   
Chief Clerk of House of Representatives

Approved   
Governor

Date 4-23-12